



Starters:

Soup of the Day €5.95 (1, 3, 7, 9) GF Option

Please ask your server for today's soup special. Served with homemade soda bread.

Atlantic Seafood Chowder €8.50 (1, 2, 3, 4, 7, 9, 12, 14) GF Option

Creamy seafood chowder with chunky fish, vegetables & herbs. Served with homemade soda bread.

Fish Cakes with Lemon & Saffron Mayo €8.25 (1, 3, 4, 7, 10,12)

Naturally smoked haddock, salmon & cod, bandon cheddar cheese with potato, scallion & horseradish, tossed in panko breadcrumb and shallow fried. Served with fresh leaves, lemon and saffron mayo & Ballymaloe relish.

Chargrilled Chicken, Melon & Smoked Bacon Salad €8.95 (1, 10, 11, 12)

GF Option

Chargrilled chicken and smoked bacon served with fresh melon, garlic croutons, pickled cucumber ribbons & pomegranate seeds. Served on a bed of rocket salad with an orange & poppy seed dressing.

Prawn Cocktail €9.75 (2, 3, 7, 10, 12) GF

Irish cold-water prawns in marie rose sauce. Served with pickled cucumber & crispy iceberg lettuce.

Greek Salad €7.95 (7) Vegetarian GF

Feta cheese, olives, fresh cucumber, cherry tomato, red onion & dried oregano. Served with mixed leaves and extra virgin olive oil.

Artisan Ardsallagh Goats Cheese Tartlet €8.50 (1, 3, 7, 10, 11) Vegetarian

Served with caramelised onions & roasted tomatoes.

Model Farm Sticky Spicy Wings €7.95 (1,10, 11)

Buffalo chicken wings marinated in a sweet & spicy sauce, served with crunchy celery sticks & a blue cheese dip.



Selection of Main Salads:

Halloumi & Chargrilled Vegetable Salad €11.75 (7, 9, 10,11) GF Vegetarian

Macroom buffalo halloumi with chargrilled peppers, courgettes, aubergines, onion & cherry tomatoes on a bed of mixed leaves & a lemon garlic dressing.

Chargrilled Chicken, Melon & Smoked Bacon Salad €12.95 (1, 10, 11, 12)

Chargrilled chicken & smoked bacon served with fresh melon, garlic croutons, pickled cucumber ribbons & pomegranate seeds. Served on a bed of rocket salad with an orange & poppy seed dressing.

Chorizo & Prawn Salad 13.75 (1, 2, 7)

Pan fried chorizo, tiger prawns & red onion tossed with house vinaigrette & rustic baby potatoes. Served on a bed of mixed leaves.

Seared Beef Salad 16.95 (1, 4, 7, 14)

Flash fried marinated 6oz sirloin steak tossed with blue cheese, sugar snap peas, red onion and mixed leaves, accompanied by a sharp lime & chilli dressing and toasted sesame seeds.

Greek Salad €11.50 (7) Vegetarian

Feta cheese, olives, fresh cucumber, cherry tomato, red onion & dried oregano. Served with mixed leaves and extra virgin olive oil.

Quiche of the Day €10.95 See Board (1, 3, 7, 9,10 & those of today's special)

Homemade quiche served with dressed greens & rosemary & garlic diced potato.

Pastas:

Linguine Prosciutto €13.95 (1, 3, 4, 7)

Linguine pasta with smoked prosciutto, broccoli & cheddar cheese sauce. Served with garlic & tomato bruschetta.

Pappardelle Prawn €14.30 (1, 2, 7)

Pappardelle pasta with tiger prawns, spinach, cherry tomato, garlic, onion and a creamy sauce. Served with garlic sourdough bread.



Sandwiches:

Roast Joint of the Day Sandwich €9.50 (1,7)

Choose from our roasts of the day. Served on buttered white bread with rosemary & garlic diced potato.

Hot Beef & Caramelized Onion Sandwich €10.50 (1,7)

Served with pickles of cucumber on sourdough bread and rosemary & garlic diced potato.

Speciality Sandwiches: €9.25*

***All speciality sandwiches are served with Italian style rosemary & garlic diced potato**

Also available on gluten free bread.

Chicken Pesto (1, 7, 10)

Pesto marinated chicken & roasted peppers on multigrain bread.

Toasted Special (1, 7, 10)

Baked ham, sliced red onion, Bandon Vale cheddar & grilled heirloom tomato on toasted white bread.

Cajun Chicken Wrap (1, 3, 4, 7, 12)

Marinated cajun spiced chicken with mozzarella & caramelised red onion, in a toasted tomato wrap.

Goats Cheese Deluxe (1, 11) Vegetarian

Ardsallagh goats cheese with roasted red peppers, asparagus spears & basil pesto on multigrain bread.

Model Farm Veggie Wrap (1, 3,10, 11) Vegetarian

Hummus, avocado, egg & cos leaves in a tomato wrap.

Chicken Fajita Wrap (1,7,10,11)

Goujons of chicken marinated in mexican spices with cheddar cheese in a tomato wrap with tomato salsa & guacamole dips on the side.

Roast Chicken & Stuffing (1, 3, 7, 10, 11)

Roast chicken, mayo and bread stuffing sandwich served on white bread.

Hawaiian Toasted Ciabatta (1, 7,10, 11, 12)

Smoked ham, Ballymaloe relish, pineapple and cheddar cheese.

Panini of the Day See Board (1,7 and those of today's specials)

Soup and Mini Open Sandwich Combo €7.95 (1, 7, 9, 12) GF Option

Soup of the day, served with an open sandwich on a slice of homemade soda bread, with a choice of toppings as per the speciality sandwiches above.

Main Courses:

Fish Cakes with Lemon & Saffron mayo €14.95 (1, 3, 4, 7, 10, 11)

Naturally smoked haddock, salmon & cod, bandon cheddar cheese with potato, scallion & horseradish, tossed in panko breadcrumb and shallow fried. Served with fresh leaves, lemon and saffron mayo & Ballymaloe relish & hand cut chips.

Curry of the Day €12.75 (5,6,12) GF Vegetarian

Served with steamed basmati rice.

Add Chicken €3.00 Add Prawns €3.00

Roasted Supreme of Chicken €13.95 (1, 7, 9, 11,12)

Roasted supreme of chicken with a smoked bacon & leek sauce. Served with black pudding, heritage carrots, sprouting broccoli, asparagus and creamy mash potato.

Steak Sandwich €15.25 (1, 7, 10, 12)

6oz sirloin steak, cooked to your liking on a garlic toasted ciabatta with chunky onion rings, grilled vine tomatoes & rocket. Served with hand cut chips and a choice of: garlic & herb butter, peppercorn & brandy sauce or mushroom & white wine sauce.

Traditional Fish & Chips €15.95 (1, 3, 4, 7, 12)

Fresh fish of the day dipped in a beer batter, accompanied by hand cut chips, tartar sauce and mushy peas.

Mini Fish & Chips €10.95 (1, 3, 4, 12, 13)

Smaller version of our bestseller. Fresh fish of the day dipped in a beer batter, accompanied by hand cut chips, tartar sauce and mushy peas.

Grilled Salmon €16.25 (3,4,7,10) GF

Grilled butterfly fillet of Atlantic Salmon. Served with sweet red pepper creamy mash potato, buttered batons of root Vegetables and a béarnaise sauce.

Fillet of Hake €15.75 (4, 9) GF

Pan fried fillet of hake. Served with sprouting broccoli, cherry vine tomato, mash potato and a creamy leek sauce.

Butterfly of Chicken Breast €13.95 (1, 7, 9, 10, 11, 12)

Grilled fillet of butterfly chicken with pan fried chorizo, quinoa, buttered wilted greens & red pepper coulis.

Roasts of the Day (1, 7, 9, 12) See Board GF Option

Please ask your server for today's choice of slow cooked prime roast. Served over creamy mash potato, with traditional bread stuffing, roast potato & a red wine jus. Accompanied by garlic potatoes & seasonal vegetables. **Smaller Version also available on request.**

Please inform your server of any dietary/allergen requirements

Contains Allergens:

1. Cereals containing Gluten
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soy Beans
7. Milk including Lactose
8. Nuts
9. Celery
10. Mustard
11. Sesame Seeds
12. Sulphur Dioxide/ Sulphites
13. Lupin
14. Molluscs

While we do our best to ensure the isolation of all ingredients, please note that our kitchen contains all major allergens and we cannot guarantee food is 100% allergen free.

Equally while we endeavour to have all dishes GF- gluten free labelled, we advise that cross contamination can never be fully ruled out in a working kitchen.