



**Starters:**

**Soup of the Day €5.95 (1, 3, 7, 9) GF Option**

Please ask your Server for today's Soup Special. Served with Homemade Soda Bread

**Atlantic Seafood Chowder €8.50 (1, 2, 3, 4, 7, 9, 12, 14) GF Option**

Creamy Seafood Chowder with Chunky Fish, Vegetables & Herbs. Served with Homemade Soda Bread

**Fish Cakes with Lemon & Saffron Mayo €8.75 (1, 3, 4, 7, 10,12)**

Naturally Smoked Haddock, Salmon & Cod, Bandon Cheddar Cheese with Potato, Scallion & Horseradish, tossed in Panko Breadcrumb and Shallow Fried. Served with Fresh Leaves, Lemon and Saffron Mayo & Ballymaloe Relish

**Cajun Spiced Chicken & Bacon Salad €8.75 (1, 6, 10, 11)**

Spicy Cajun Chicken Fillet with Bacon, Avocado, Mixed Leaves, Garlic Croutons, Cherry Tomatoes, Pickled Cucumber tossed in House Dressing

**Clonakilty Black Pudding & Apple Salad €8.75 (1, 7, 8, 10, 12)**

Croutons of Traditional Clonakilty Black Pudding with Caramelised Apple, Toasted Cashew Nuts, Feta & Dressed Baby Leaves

**Artisan Ardsallagh Goats Cheese Bruschetta €8.50 (1, 8) Vegetarian Lactose Free**

Served on top of Mixed Leaves with Toasted Walnuts, Cherry Tomatoes, Salsa & Balsamic Vinegar

**Model Farm Sticky Spicy Wings €8.25 (1,10, 11)**

Buffalo Chicken Wings Marinated in a Sweet & Spicy Sauce. Served with Crunchy Celery Sticks & a Blue Cheese Dip

**Spicy Scampi in Panko Breadcrumbs €9.95 (1, 3, 7, 10, 11, 14)**

Spiced Scampi Prawns in Panko Crumb Served with a Lime & Dill Mayo & Fresh Leaves



### **Selection of Main Salads:**

#### **Halloumi & Chargrilled Vegetable Salad €12.50 (7, 9, 10,11) GF Vegetarian**

Macroom Buffalo Halloumi with Chargrilled Peppers, Courgettes, Aubergines, Onions & Cherry Tomatoes on a Bed of Mixed Leaves & a Lemon Garlic Dressing

#### **Cajun Spiced Chicken & Bacon Salad €13.95 (1, 6, 10, 11)**

Spicy Cajun Chicken Fillet with Bacon, Avocado, Mixed Leaves, Garlic Croutons, Cherry Tomatoes, Pickled Cucumber tossed in House Dressing

#### **Chorizo & Prawn Salad 14.50 (1, 2, 4, 7, 10, 11)**

Pan Fried Chorizo, Tiger Prawns & Red Onion Tossed with House Vinaigrette & Rustic Baby Potatoes. Served on a Bed of Mixed Leaves

#### **Clonakilty Black Pudding & Apple Salad €13.95 (1, 7, 8, 10, 12)**

Croutons of Traditional Clonakilty Black Pudding with Caramelised Apple, Toasted Cashew Nuts, Feta & Dressed Baby Leaves

#### **Quiche of the Day €10.95 See Board (1, 3, 7, 9,10 & those of today's special)**

Homemade Quiche served with a Salad Garnish & Rosemary & Garlic Diced Potatoes

### **Pastas:**

#### **Penne Arrabiata €13.50 (1, 3, 7,9) Vegetarian GF Option**

Penne Pasta with Chilli, Tomatoes, Onion, Garlic, Pesto & Olive Oil, finished under the Grill with Fresh Mozzarella. Served with Garlic Sourdough Bread

**Add Chicken €3.00**

#### **Chicken Pappardelle €14.95 (1, 3, 7,12)**

Pappardelle Pasta with Chunky Chicken, Chorizo, Cherry Tomatoes, Onions, Garlic & Feathers of Parmesan in a Creamy Sauce, Served with Garlic Sourdough Bread



## **Sandwiches:**

### **Roast Joint of the Day Sandwich €9.50 (1,7)**

Choose from our Roasts of the Day Excluding Beef. Served on Buttered White Bread with Rosemary & Garlic Diced Potatoes

### **Hot Beef & Caramelized Onion Sandwich €10.50 (1,7)**

Served on Sourdough Bread with Sides of Pickled Cucumber and Rosemary & Garlic Diced Potatoes

### **Club Sandwich €10.50 (1, 3, 10, 12)**

Toasted Chargrilled Chicken, Smoked Bacon, Beef Tomatoes, Lettuce & Mayo on White Bread Served with Rosemary & Garlic Diced Potatoes

## **Speciality Sandwiches: €9.35\***

**\*All Speciality Sandwiches are served with Italian Style Rosemary & Garlic Diced Potatoes**

**Also available on Gluten Free Bread**

### **Roasted Vegetable & Goats Cheese (1, 10) Vegetarian**

An Open Sandwich with Roast Vegetables, Ardsallagh Goats Cheese & Green Pesto on Brown Soda Bread

### **Toasted Special (1, 7, 10)**

Baked Ham, Sliced Red Onion, Bandon Vale Cheddar Cheese & Grilled Heirloom Tomatoes on Toasted White Bread

### **Cajun Chicken Wrap (1, 3, 4, 7, 12)**

Marinated Cajun Spiced Chicken with Mozzarella Cheese & Caramelised Red Onion, in a Toasted Tomato Wrap

### **Chicken & Buffalo Mozzarella Ciabatta (1, 7, 10)**

Baked Ciabatta Stuffed with Grilled Chicken, Buffalo Mozzarella, Spinach, Beef Tomatoes & Green Pesto

### **Roast Chicken & Stuffing (1, 3, 7, 10, 11)**

Roast Chicken, Mayo and Bread Stuffing Sandwich served on White Bread

### **Panini of the Day See Board (1,7 and those of today's specials)**

### **Soup and Mini Open Sandwich Combo €7.95 (1, 7, 9, 12) GF Option**

Soup of the day, served with an Open Sandwich on a Slice of Homemade Soda Bread, with a Choice of Toppings as per the Speciality Sandwiches Above

## **Main Courses:**

### **Fish Cakes with Lemon & Saffron Mayo €14.95 (1, 3, 4, 7, 10, 11)**

Naturally Smoked Haddock, Salmon & Cod, Bandon Cheddar Cheese with Potato, Scallion & Horseradish, tossed in Panko Breadcrumbs and Shallow Fried. Served with Fresh Leaves, Lemon and Saffron Mayo, Ballymaloe Relish & Hand Cut Chips

### **Curry of the Day €12.75 (5,6,12) GF Vegetarian**

Served with Steamed Basmati Rice

**Add Chicken €3.00 Add Prawns €4.50**

### **Roasted Supreme of Chicken €14.25 (1, 7, 9, 11,12)**

Roasted Supreme of Chicken with a Smoked Bacon & Leek Sauce. Served with Clonakilty Black Pudding, Heritage Carrots, Sprouting Broccoli, Asparagus and Creamy Mash Potato

### **Steak Sandwich €15.95 (1, 7, 10, 12)**

6oz Sirloin Steak, cooked to your liking on a Garlic Toasted Ciabatta with Chunky Onion Rings, Grilled Vine Tomatoes & Rocket. Served with Hand Cut Chips and a choice of: Garlic & Herb Butter, Peppercorn & Brandy Sauce or Mushroom & White Wine Sauce

### **Traditional Fish & Chips €15.95 (1, 3, 4, 7, 12)**

Fresh Fish of the Day Dipped in a Beer Batter, accompanied by Hand Cut Chips, Tartar Sauce and Mushy Peas on the Side

### **Mini Fish & Chips €11.25 (1, 3, 4, 12, 13)**

Smaller Version of our Bestseller. Fresh Fish of the Day Dipped in a Beer Batter, accompanied by Hand Cut Chips, Tartar Sauce and Mushy Peas on the Side

### **Grilled Salmon €16.95 (3,4,7,10) GF**

Grilled Butterfly Fillet of Atlantic Salmon. Served with Sweet Red Pepper Creamy Mash Potato, Buttered Batons of Root Vegetables and a Béarnaise Sauce on the Side

### **Roasts of the Day (1, 7, 9, 12) See Board GF Option**

Please ask your Server for Today's Choice of Slow Cooked Prime Roast. Served over Creamy Mash Potato, with Traditional Bread Stuffing, Roast Potato & a Red Wine Jus. Accompanied by Garlic Potatoes & Seasonal Vegetables.

**Smaller Version also available on request.**

**Please inform your server of any dietary/allergen requirements**

Contains Allergens:

1. Cereals containing Gluten
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soy Beans
7. Milk including Lactose
8. Nuts
9. Celery
10. Mustard
11. Sesame Seeds
12. Sulphur Dioxide/ Sulphites
13. Lupin
14. Molluscs

**While we do our best to ensure the isolation of all ingredients, please note that our kitchen contains all major allergens and we cannot guarantee food is 100% allergen free.**

**Equally while we endeavour to have all dishes GF- gluten free labelled, we advise that cross contamination can never be fully ruled out in a working kitchen.**